



# FITNESS CLASS SCHEDULE



## MARCH

CARDIO DANCE - MARCH 11  
SELF DEFENSE - MARCH 18

## APRIL

CARDIO DANCE - APRIL 8  
SELF DEFENSE - APRIL 15



## MAY

CARDIO DANCE - MAY 13  
SELF DEFENSE - MAY 20



**MORE INFO VISIT**

[WWW.FAYETTEVILLE-AR.GOV/YRCC](http://WWW.FAYETTEVILLE-AR.GOV/YRCC)

**SATURDAYS - 10:00 AM**