



# Coed Adult Indoor Volleyball Program Factsheet

Be a *volleyballer!* Don't miss out on the fun this season!

Fayetteville Parks and Recreation offers 6 v 6 coed adult indoor volleyball in the fall and winter at the Yvonne Richardson Community Center. Winter league registration begins December 4, 2017 and ends January 7, 2018. League matches begin January 16 and 18, 2018.

Leagues in Program:	Open Division League	Chill Out League
What is the level of competition in each league?	The Open Division League is for teams seeking a competitive, athletic challenge while playing against other teams whom are aiming to win, but also are looking to have a little fun while playing. Former club or collegiate players will enjoy the Open Division League much more than the Chill Out League.	The Chill Out League is for teams seeking a fun-first, organized coed adult volleyball program. This is not to say that teams won't be competitive, but the general spirit of teams in this league is to put fun above all else, including "the win." Yet, all eyes are on the trophy at tournament time. Residents seeking a program with an even level of competition and fun-spirited teams will enjoy the Chill Out League more than the Open Division League.
What rulebook is used?	The program uses a league rulebook available at <a href="http://www.fayetteville-ar.gov/volleyball">www.fayetteville-ar.gov/volleyball</a> ; rules are similar to most coed adult indoor volleyball recreation programs. The backbone of this rulebook is the USA Volleyball (USAV) program rulebook ( <a href="https://www.volleyballreftraining.com/includes_rules_interps/indoor/2015_17DCRindoor.pdf">https://www.volleyballreftraining.com/includes_rules_interps/indoor/2015_17DCRindoor.pdf</a> ).	
Are technical violations strictly enforced?	Yes- Players should expect lifts, back row attacks, net violations, and illegal hit violations, among others, to be strictly enforced.	No- Referees are instructed to teach teams about technical violations as violations happen. Of course, <b>referees will always call blatant technical violations, such as a double hit or net violation.</b>
How do matches work?	All matches are best of 3 sets (games). Sets are played 25-25-21, and teams must win by two points. Any team that reaches 30 points in a set, or 25 in the last set, shall win automatically.	
When and where are matches played?	The Open Division League is played Tuesday evenings at the Yvonne Richardson Community Center. Teams play two matches each night at 6:15/7 p.m. or 7:45/8:30 p.m.	The Chill Out League is played Thursday evenings at the Yvonne Richardson Community Center. Teams play two matches each night at 6:15/7 p.m. or 7:45/8:30 p.m.
How long is the season? Is there a post-season tournament?	Each season is eight weeks long. Teams play 14 matches in 7 weeks and then are guaranteed entry to the single elimination post-season tournament, which is the last week of each season. Each team shall play at least 15 matches in a season, which includes the post-season tournament.	
What is the registration fee, and what does this include?	The registration fee is \$275 per team. This includes 14 regular season games, entry to the post-season tournament, one paid referee per match, eight open court practices, post-season awards, and all equipment required to play.	
What are the net heights? What ball is used?	The net height is 7' 11 5/8" (USAV male/coed setting). The ball used is a Tachikara Official SV-5WSC inflated 4-6 psi.	The net height is 7' 2 1/8" (USAV female/reverse coed setting). The ball used is a Tachikara Official SV-5WSC inflated 4-6 psi.
Are uniforms required?	No, but they are <i>certainly encouraged</i> . The two best dressed teams in each league will be selected to play in the Pageantry Round, which is part of the post-season tournament.	
How does my team and roster roster work?	Matches are played 6 vs. 6 players. Teams may have 10 players on their roster. Rosters lock at the end of the fifth week of play, and no players may be added after this deadline. Roster can be updated before or after a match through the Parks and Recreation staff member present or through email.	
What are the coed and on-court requirements?	A team must have at least four eligible players to begin a match. Teams may play a match with four, five, or six players. If playing with four or six players, a team on court must be an even number of male and female players. If playing with five players, a team may play with three male and two female players or vice-versa.	
How does rotation work?	Teams must stagger men and women on the court. At all times, at least one female and one male player must be on each row.	
Do teams designate liberos?	No, our league does not use the USAV libero rule.	
Is there a "girl touch" rule?	No, our league does not use the USAV coed rule that, in some situations, a player of each gender must touch the ball before the ball is played over the net. There are no gender-based rules in the program aside from the coed requirements.	

The recreation program managers reserves the right to change rules as needed to benefit all teams, but the recreation program manager shall notify all team captains if a rule is changed.

For more information, please visit [www.fayetteville-ar.gov/volleyball](http://www.fayetteville-ar.gov/volleyball), or reach out to recreation program manager Joe Kieklak ([jkieklak@fayetteville-ar.gov](mailto:jkieklak@fayetteville-ar.gov), 479-444-3474)